

Leaflet for Children and Young People

1. Purpose of Document

Fencing is fun and we want you to have fun while fencing. Fencing keeps you fit, allows you to make friends, learn about winning and losing and respect, develop self-confidence and discipline and much, much more. It isn't just about you learning these things, but it is also about you being treated in the way that you would like to treat others. No one likes being shouted at, bullied, pushed too hard, being made to feel sad, isolated or uncomfortable. We want fencing to be a sport in which you are happy and comfortable. All clubs should have a Welfare Officer in place. A Welfare Officer is a person who you can talk to if you are uncomfortable or unhappy about anything and they should be your first point of contact. If you can't talk to them for any reason then you need to tell someone. That could be someone that you trust such as a coach, teacher, or you can contact:

Equality and Safeguarding Manager for British Fencing on equality@britishfencing.com or 077177 40125 or the Safeguarding Helpline on **07526 003030**
www.childline.org.uk 0800 1111