

## **Sports First Aid Course – Fencing**

This British Fencing recommended course specifically for fencing coaches and officials has been produced by Safety First Aid Training together with Dr Clare Halsted, BF Medical Officer. This is a half-day course covering the relevant injuries and issues relating to fencing events.

The course content is available from [clarehalsted@blueyonder.co.uk](mailto:clarehalsted@blueyonder.co.uk)

Mike Neary of <http://www.managingexcellencethroughtraining.co.uk> is a recommended trainer with experience running this course for groups around the country.

First aid courses covering only CPR – (cardio-pulmonary resuscitation) and care of the unconscious casualty are also acceptable at the moment for the BF coaching qualifications, however, these skills will be of more use to the general public than at a fencing competition or club..

Recommended **reference books** are:

Practical First Aid    British Red Cross  
5 Minute First Aid for Sport    British Red Cross  
Pocket First Aid    Dorling Kindersley

All available from [www.redcross.org.uk/firstaid](http://www.redcross.org.uk/firstaid)  
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